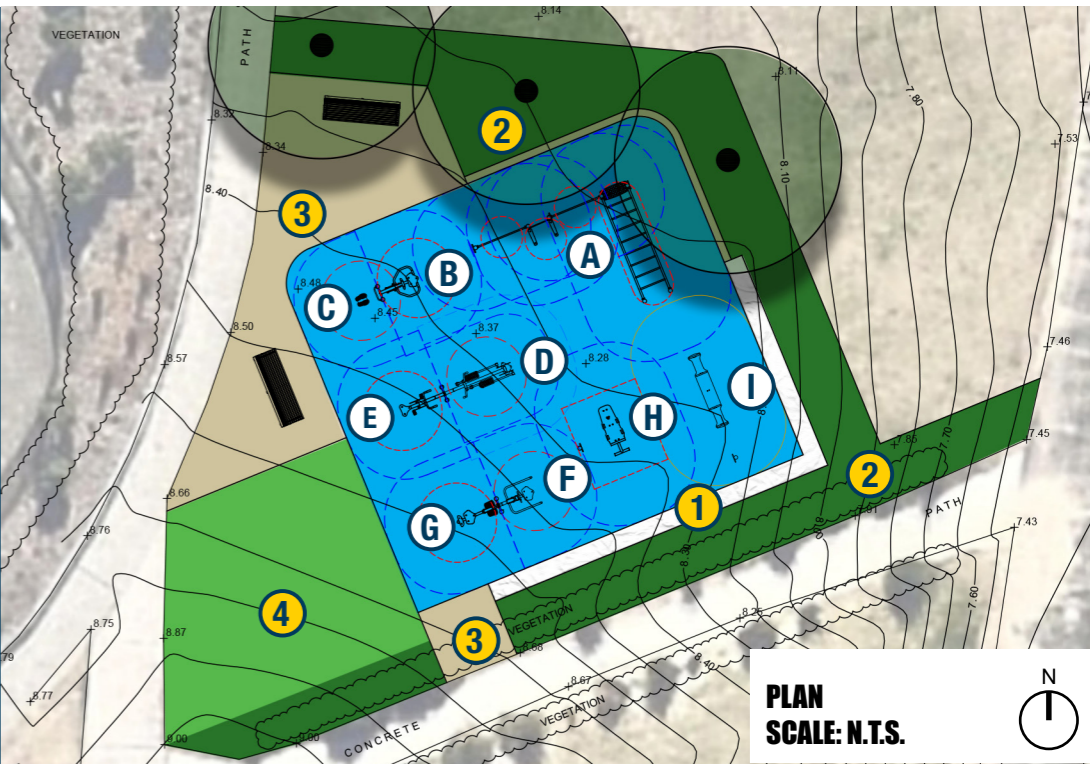




Artist impression



LEGEND

- | | |
|--------------------------------------|--|
| A Challenge station includes: | F Chest press |
| • Pull up bar (2.1m high) | G Leg press |
| • Pull up bar (1.9m high) | H Sit up bench (20 degrees) |
| • Leg raises | I Bench |
| • Monkey bars | 1 Sandstone wall/seating |
| B Pull down | 2 Garden bed with low plantings |
| C Body twist | 3 Concrete paving at entry |
| D Elliptical trainer | 4 Lawn |
| E Aerobic cycle | |

INTENSITY: ● HIGH ● MEDIUM ● LOW



Maroubra Beach outdoor gym



Randwick City Council
a sense of community

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